

# Archery Tag for Exercise

BLACK HAWK HEALTH CENTER



**Anthony Ramirez-Exercise Specialist**





# ARCHERY TAG

OBU Alumni



Anthony Ramirez  
Exercise Specialist  
Sac & Fox Nation



Bison RecWell and the Sac & Fox Nation take a SHOT at eliminating Diabetes on campus! Come join us for a chance to win prizes and have some fun testing your skills!

**GC Lawn Tuesday Nov.9th  
11am-1pm**



**Native Youth Preventing Diabetes**



# Physical Fitness

The ability to function effectively in physical work, training and other activities and still have enough energy left over to handle any emergencies which may arise.









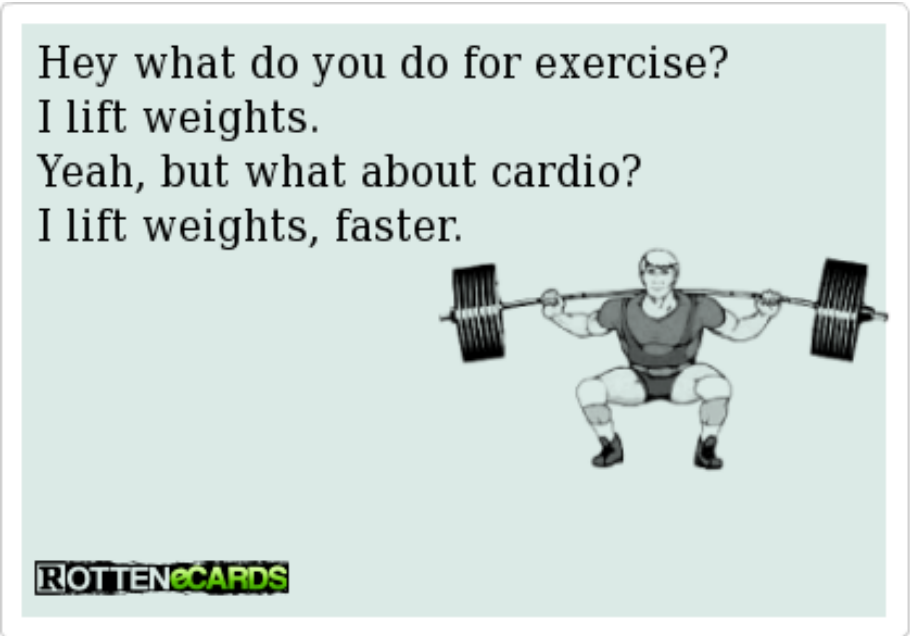
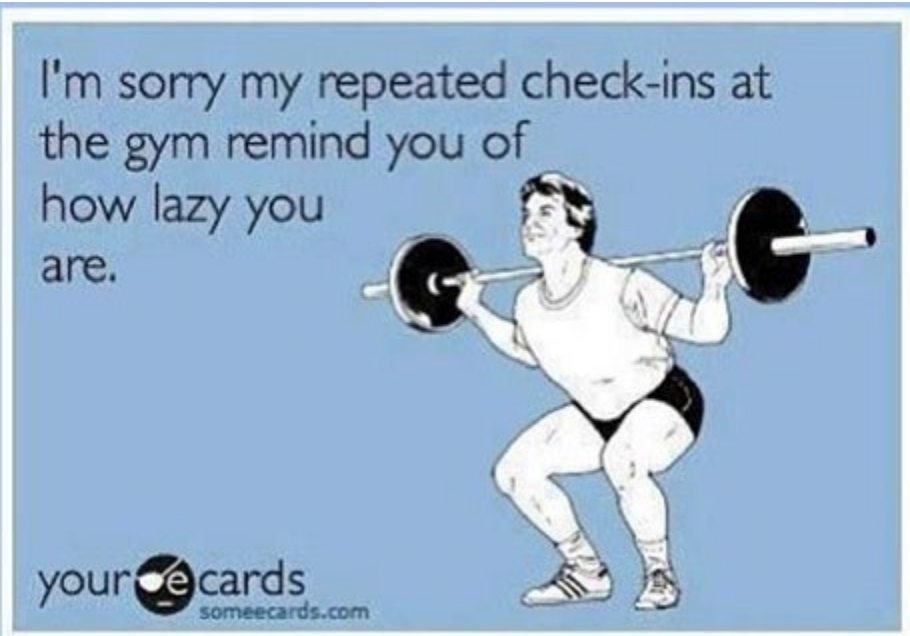




SCORE  
HOME VISITOR  
FOULS PLAYER FOULS



EXIT



Anthony Ramirez

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