Improving Patient Care (IPC) Change Package Worksheet

Screening, Brief Intervention, and Referral to Treatment (SBIRT)



Use this worksheet to assess where your team is with implementing SBIRT goals, objectives, and strategies.

In the Assessment column, use a 0-5 code to assess your current activities. Then in the Priority column, rank the activities in order, with 1 being the most urgent strategy to address.

Assessment	Code
Not answered	0
No protocol and/or not used	1
Partial protocol/rarely used	2
Partial protocol/used some of the time	3
Protocol/used most of the time	4
Protocol/always used	5

Goal	Objective	Target Strategy	Assessment (0-5)	Priority
Enhance Quality of Care	Universal Annual Screening	Patient and practice education		
	Brief Intervention (brief negotiated interview)	Implemented drug and alcohol screening tools Implemented clinical reporting system (CRS) substance use disorder (SUD) screening measures at https://www.ihs.gov/crs/ 1. Alcohol screening 2. Screening for substance use 3. SUD in women of childbearing age		
		Implemented brief intervention and facilitating warm hand-off		
		Evoking self-directed change talk Patient-centered care plans		
		Treatment/referral to alcohol, opioid, substance, tobacco use disorder is available		
	Care Coordination and Co-management	iCare – Care management groups used to support follow-up		
		Referral coordination Behavioral health co-management		
Access and continuity of care				
Improve Population Health Approaches	Better Primary Care	Emergency department/hospital follow-up protocol to connect patients to care		
	Document, Code and Bill	Electronic health record (EHR) documentation templates (future reminders dialog)		
	Data-driven Quality	Joint Commission Tracers, iCare, CRS development measures		
Joy in Practice	Teamwork	Patient-centered medical home (PCMH) huddles, defined roles, protocols		
	Patient-centered Care	Patient surveys and patient and family advisory councils (PFACs)		
Healthy Community	Mitigate Suicide Risk	Suicided crisis services available (988 suicide and crisis lifeline)		
	Meet Patients' Social Health Needs	Screening for social determinants of health (SDOH) with referrals		

For more information about creating an IPC Change Package, visit https://www.ihs.gov/office-of-quality/ipc/models-for-improving-care/change-package/.

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