

# Integrated Memory Care:

A Bold Model Transforming Directly Reimbursed  
Nurse-led Primary Care for Older Adults Living with  
Dementia

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# What is Integrated Memory Care?

Integrated Memory Care (IMC) is a comprehensive primary care program for people with a dementia diagnosis that incorporates patients and families into the care team in order to provide excellent health care, reduce burden, and improve quality of life.

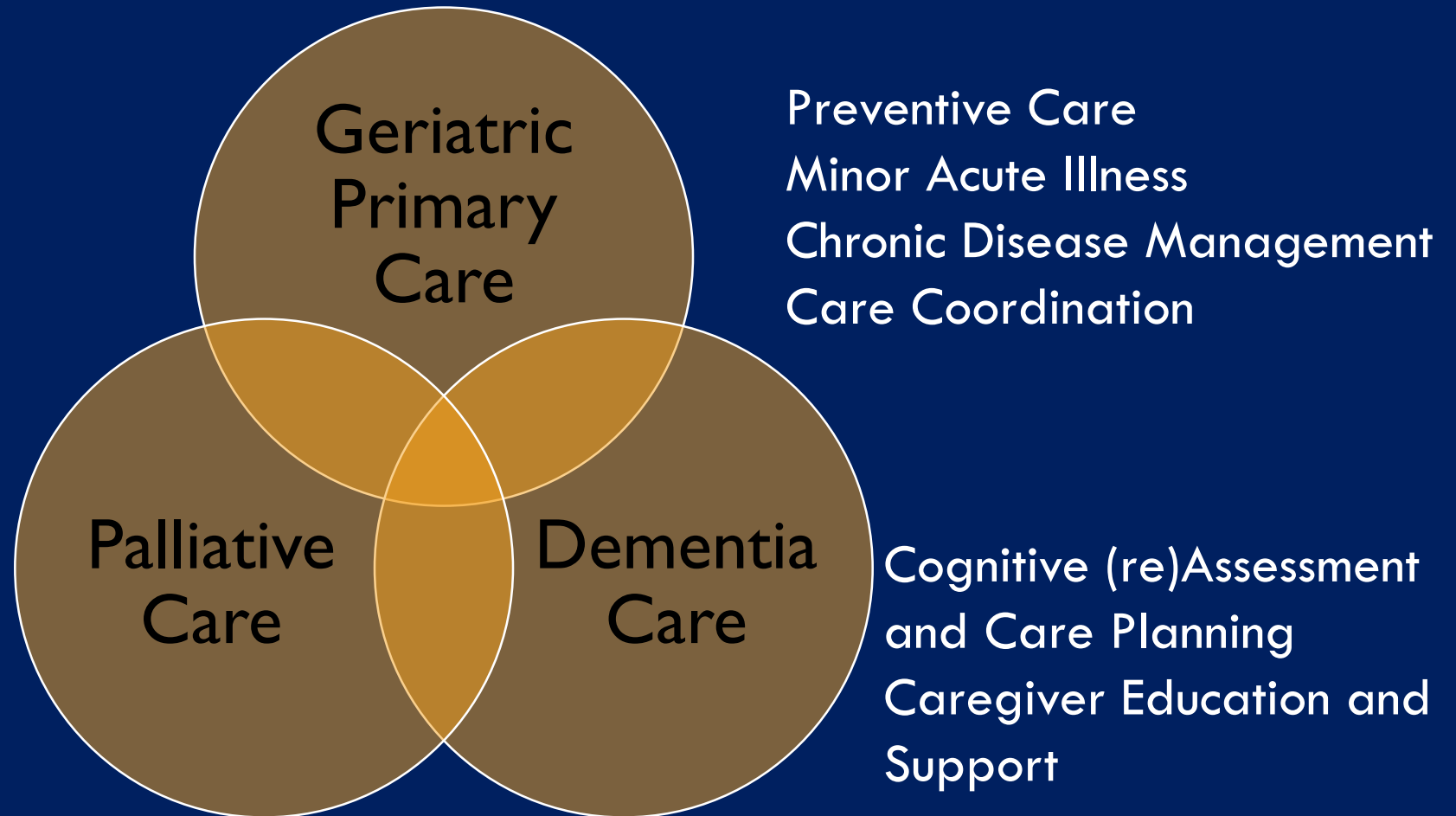


# Integrated Memory Care

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- Founded in 2016
- Joint venture between School of Nursing and Emory Healthcare
- Nurse practitioner led
  - Additional staff: RN, SW, MA, Coordinators, MD support
- Comprehensive model (requires dementia dx before intake)
  - Primary Care
  - Dementia Care
  - Patient/Family education & support

# IMCC Model



# IMC Model Components

Primary Care	Dementia Care	Caregiver Services
Annual wellness visits	Disease and goals of care priorities	Caregiver-only visits with practitioners
Screening and preventive care that is context-appropriate	Cognitive, behavioral, and functional assessments	Psychoeducation classes (Savvy Caregiver)
Chronic disease management	Disclosure/clarification of diagnosis and stage	Stage-based support groups
Deprescribing and Rx management	Anticipatory guidance, advance care planning	Ad hoc dementia education
Minor acute illness management	Coordination with adult day, assisted living, home care	Psychotherapy and coaching
Post-hospital follow-up	Customized companion care	Facilitated family therapy/meetings
Coordination with home health, specialists	After hours direct access	

# Outcomes

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## Lower hospitalization rates

- 2019-21: Compared to being an IMC patient, those seen in primary care had 2.06 odds of hospitalization
- 2019-21: Compared to being an IMC patient, those seen in primary care + cognitive neurology had 1.66 odds of hospitalization

## Lower prescribing of harmful drugs

- Odds ratios 10-13X higher in other practices

## Fewer inappropriate screenings

- TFTC

## High patient and family experience

- Reduced caregiver distress

# RECOGNITION

- PATIENT-CENTERED MEDICAL HOME
  - National Commission on Quality Assurance
- AGE-FRIENDLY HEALTH SYSTEMS
  - Institute for Healthcare Improvement and John A Hartford Foundation
- BEST PRACTICE EXEMPLAR
  - Institute for Patient- and Family-Centered Care



**Age-Friendly**   
Health Systems

**Committed to  
Care Excellence  
for Older Adults**

# Next Steps

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- Review IMC key concepts
  - [IMC](#)
- Contact us for further discussion
  - [amy.imes@emoryhealthcare.org](mailto:amy.imes@emoryhealthcare.org)

