

# WHOOPING COUGH



Whooping cough is a serious bacterial infection of the lungs and breathing tubes. Anyone can get whooping cough, but it is more common in infants and children. It is especially dangerous in infants. Coughing fits can be so bad that it is hard for infants to eat, drink, or breathe.

## Transmission:

Whooping cough is highly contagious. It can be transferred from person to person through the air. A person who has whooping cough may cough or sneeze and release tiny particles that contain bacteria. This bacteria can then be inhaled by other people.



Symptoms may begin within three to 12 days of exposure and last as long as two weeks.

## Symptoms include:

- nasal congestion
- runny nose
- sneezing
- mild fever
- watery eyes
- prolonged coughing

To prevent whooping cough:

- Get vaccinated
- Wash your hands with soap and warm water
- Isolate from others if you are displaying symptoms

