

PREVENT CERVICAL CANCER

SCHEDULE YOUR PAP TEST TODAY!



What is a PAP Test?

(or Pap smear) Looks for precancers, cell changes on the cervix that might become cervical cancer if they are not treated properly.

What is a HPV Test?

Looks for the virus (human papillomavirus) that can cause cell changes on the cervix.

Cervical Cancer Screening Recommendations

Age 20 or younger	No screening required
21-29	Pap test every 3 years. No HPV screening
30-65	Pap test every 3 years, or a Pap test and HPV test together every 5 years
66 or older	No more screening needed if you've had 3 normal Pap test or 2 normal HPV tests in a row.

Ask your health care provider about any questions or concerns you may have about Pap tests.

