

OVARIAN CANCER AWARENESS MONTH

SEPTEMBER



Pay attention to your body for signs and symptoms of ovarian cancer and know what is normal for you.

Signs and Symptoms:

- Vaginal bleeding or discharge from your vagina that is not normal for you.
- Pain or pressure in the pelvic area.
- Abdominal or back pain.
- Bloating.
- Feeling full too quickly, or difficulty eating.
- A change in your bathroom habits. More frequent or urgent need to urinate and constipation.

Risk Factors:

- Are middle-aged or older.
- Have close female family members on either your mom's or your dad's side, who have had ovarian cancer.
- Have had breast, uterine, or colorectal cancer.
- Have endometriosis
- Have never given birth or have had trouble getting pregnant.

Symptoms may be caused by something other than cancer, but the only way to know is to see a health care provider.

**For more information, visit:
[cdc.gov/ovarian-cancer](https://www.cdc.gov/ovarian-cancer)**

