

Norovirus

Known as food poisoning or a stomach bug.

How norovirus spreads:

- Contact with people who are sick with norovirus (in vomit or feces/poop).
- Contaminated food, water, or surfaces

You are most contagious when you have symptoms of norovirus or during the few days after you feel better.

Prevention steps:



Do not prepare food for others while sick.



Rinse fruit and veggies.



Clean and disinfect areas.



Wash your hands often with soap and water for 20 seconds.



For more information visit:
shorturl.at/7ullK