

JANUARY IS NATIONAL BLOOD DONOR MONTH



During winter months, blood donation rates slow and blood donation needs increase.

Ways You Can Help Make a Difference:

- **Donate Blood:**
 - **Consider donating at a local blood drive or collection center near you.**
- **Spread the Word:**
 - **Share the importance of donating blood with your friends, family, and community.**
- **Partner with Local Health Agencies:**
 - **Volunteer or work with local health agencies to ensure there is enough blood supply for people in need.**

Donating blood can help save a life.

Visit redcrossblood.org to find a donation center near you.

