Human Metapneumovirus (HMPV)

HMPV is a virus that usually causes symptoms similar to a cold.

Key points

- HMPV can cause respiratory disease.
- HMPV spreads from person to person or surfaces to person.
- Symptoms include cough, fever, nasal congestion, and shortness of breath.
- Be sure to stay hydrated and ask your health care provider what they recommend to hep you feel better.
- Prevention measures include hand washing, cleaning surfaces, and staying home when sick.







