

LOVE BEGINS BEFORE BIRTH

Taking drugs and alcohol increases the chances of:

birth defects, an early birth, an underweight baby, and stillborn births.

Regardless of alcohol and drug use, we welcome you to our facilities for prenatal care.



If you are pregnant or thinking about getting pregnant and want your baby to be healthy, it is important to receive prenatal care, prenatal vitamins, and talk to your provider. A drug-free life will help you have a healthy pregnancy.

For more information, visit:
ihs.gov/mch/pregnancy

