



AVIAN FLU “BIRD FLU”



A VIRAL INFECTION THAT USUALLY SPREADS IN BIRDS BUT CAN ALSO SPREAD TO HUMANS WHICH CAN CAUSE SEVERE RESPIRATORY SYMPTOMS.

SIGNS AND SYMPTOMS:

- Eye redness
- Mild flu-like upper respiratory symptoms
- Fever
- Cough
- Sore throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue
- Shortness of breath or difficulty breathing

REDUCE RISK BY:

- Avoid contact with sick or dead animals, animal feces, or items contaminated by animals.
- Don't drink raw milk.
- Wear masks, gloves and clean all surfaces.
- Wash your hands and avoid touching your face.
- Ensure that you are updated with all vaccinations.

SEEK MEDICAL ATTENTION IF YOU HAVE FLU-LIKE SYMPTOMS



[CDC.GOV/BIRD-FLU/INDEX.HTML](https://www.cdc.gov/bird-flu/index.html)

