## Measles (Rubeola)

Measles is very contagious and can be serious. Anyone who is not protected against measles is at risk.

## **Key Symptoms**

- Cough
- Rash
- Red, watery eyes
- Runny nose
- High Fever (may spike to more than 104 F)

## **How it Spreads**

- Through the air when an infected person coughs or sneezes.
- Being in a room where a person with measles has been.
- Measles can stay up to 2 hours after infected person has left.

## **Prevention**

The best way to protect against measles is with the measles, mumps, and rubella (MMR) vaccine. MMR is safe and effective.









