

# Measles

**Measles can cause serious health issues, especially in children younger than 5 years old.**

## SIGNS AND SYMPTOMS

- 7-14 days after exposure: high fever, cough, runny nose, red and watery eyes.
- 3-5 days after the first symptoms begin: rash, usually on the face and down the body.
- Common complications are ear infections and diarrhea.
- Less frequently, severe complications like pneumonia and encephalitis can occur.



Protect against measles with the measles, mumps, and rubella (MMR) vaccine, it is safe and effective. Talk to a health care provider about the MMR vaccine.



For more information visit [cdc.gov/measles/about](https://www.cdc.gov/measles/about)