

# Special Diabetes Program for Indians (SDPI)

## Changing the Course of Diabetes

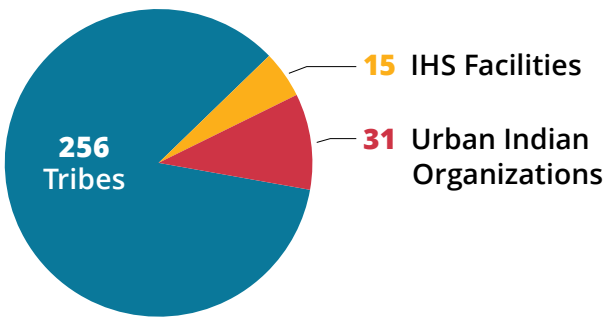
Tremendous improvements in diabetes outcomes are happening for American Indian and Alaska Native (AI/AN) people. Read the [Special Diabetes Program for Indians 2020 Report to Congress](#) to learn more.

\$147 million/year\*

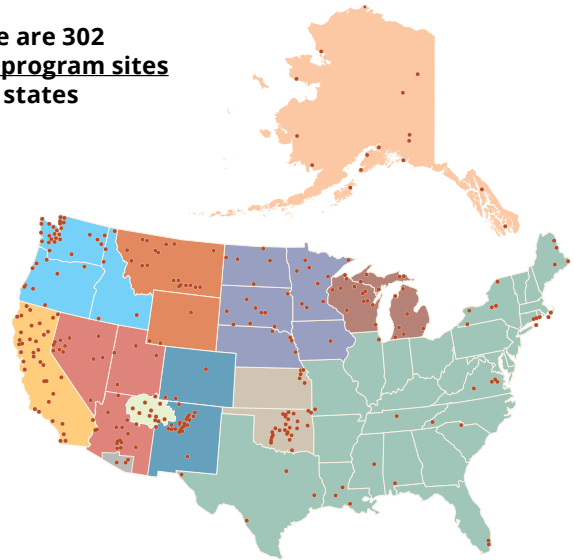
472,656 AI/AN Served | 1,256 Employed

\*The amount for FY2022 and FY2023 after mandatory sequestration

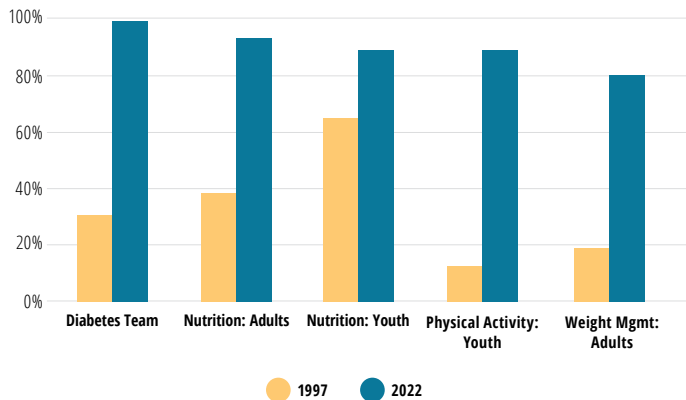
The majority of SDPI grantees are tribal programs<sup>1</sup>



There are 302 SDPI program sites in 35 states



Diabetes services at SDPI sites *all increased* since 1997<sup>1</sup>



Health outcomes for AI/AN people with diabetes have been improved or maintained<sup>2</sup>



1996 to 2022  
Average blood sugar **down 11%**



1998 to 2022  
Average LDL cholesterol **down 25%**



>20 years  
Blood pressure has been **well controlled**



2015 to 2022  
Tobacco use **down 28%**



“The SDPI has generated awareness and knowledge, two critical contributors to diabetes related successes in Indian Country. We need continued momentum to help with this devastating disease.”

– Connie Barker, Tribal Legislator- Chickasaw Nation  
Tribal Co-Chair/Oklahoma City Area Representative, Tribal Leaders Diabetes Committee



Indian Health Service  
Division of Diabetes Treatment and Prevention

<sup>1</sup> Source: Evaluation of the SDPI

<sup>2</sup> Source: IHS Diabetes Care and Outcomes Audit