

Buprenorphine in Pregnancy

What is buprenorphine?

Buprenorphine is a medication used to treat opioid use disorders to heroin and other narcotic painkillers. A brand name for buprenorphine is Subutex®. When combined with the medication naloxone, it is also known as Suboxone®, Zubsolv®. Buprenorphine may be taken as a tablet or film (placed under the tongue or in the cheek).

Is buprenorphine safe in pregnancy

When taken as prescribed, buprenorphine does not seem to increase the chance for pregnancy problems. Buprenorphine in pregnancy has shown to reduce drug use, improve infant birth weight, and outcomes associated with neonatal opioid withdrawal syndrome.

Can I breastfeed my baby if I am taking buprenorphine?

Yes. The amount of buprenorphine in breast milk is expected to be too low to pose a problem for the nursing baby.

Start your Path to Recovery



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Substance Use Recovery for Pregnant Women

Treatment Support and Recovery for Pregnant and Parenting Women who have Substance Use Disorders and their Families

What is Recovery?

Recovery is a process of change through which people:

- Improve their health and wellness
- Live self-directed lives
- Strive to reach their full potential

Hope, the belief that these challenges and conditions can be overcome, is the foundation of recovery.

The process of recovery is highly personal and occurs in many different ways. Recovery is characterized by growth and improvement in one's health and wellness that may involve occasional setbacks. Because setbacks are a natural part of life, resilience becomes a key component of recovery.



How can Medication Assisted Treatment help with recovery?

Substance use during pregnancy is a medical condition that can severely impact the health of the mother and baby. Substance use disorders have medical treatment that can help families to achieve long-term recovery. In addition to medical care, it is important to address the needs of the entire person for recovery to be successful. Substance use during pregnancy can be treated with:

- Medications
- Comprehensive Treatment Planning
- Wrap-Around Support

Mothers that use substances during pregnancy may need more frequent follow-up and help connecting to available resources to begin the wellness journey for both the mother, baby, and family. Engaging in early prenatal care and starting [Medication Assisted Treatment](#) to aid recovery can help improve outcomes for the baby and help to keep families together.

How do I begin my journey to recovery?

American Indian/Alaska Native belief systems and traditional practices hold that children are a gift from the Creator and that well-being brings harmony and balance. Women are honored and respected as they are the givers of sacred life. Pregnant women's first maternal instinct is to take care of herself and the life inside her from the beginning. Regular appointments with a healthcare provider throughout pregnancy are important to ensure the health of the mother and her baby. [Prenatal care](#) is an important part of any pregnancy, especially in pregnant women with substance use disorder. The sooner a woman begins prenatal care, the healthier she and her baby will be. Prenatal care includes not only caring for the body in pregnancy, but also for the mind and spirit.

The greatest strength for recovery comes from hope, hope that improved relationships between family, community, and self can guide a promising start to healing.