
Unity Healing Center-Cherokee, NC

SUGGESTED ITEMS TO BRING WITH YOU

CLOTHING LIST	PERSONAL HYGEINE LIST
Seasonal Clothing of 5-7 outfits	Deodorant
***Closed toed shoes must be worn outdoors	Body Wash/Soap
Tennis shoes	Shampoo/Conditioner
Sleepwear	Toothpaste/Toothbrush
Swimming trunks (male)	Comb/Brush
Swimsuit one-piece (female)	Lotion
Light Jacket	Cartridge type/disposable razor
Sweatshirts-Facility may be chilly sometimes	Shaving Cream
Seasonal October-March	Tampons/Sanitary Napkins
Heavy Coat	
Gloves	
Winter hat	
Boots	

PRESCRIBED MEDICATIONS:

Your prescribing provider should call in/fax (1 week prior to admission date) current prescribed medications to Cherokee Indian Hospital Authority Pharmacy on the Pharmacy Message Line: 828-497-9163 or via Fax: 828-497-3663. Your prescribing provider should include in the request that these medications be "Unit Dosed." You will self-administer medications during your stay. Unity Healing Center does not accept any over the counter medications not prescribed by a provider. Staff will provide prescribed medications to you at the time they are ordered to be taken. Bringing prescription medications that you are currently taking as prescribed, should be a last resort and communicated in advance with nursing staff. Prescribed medications brought into the facility are not administered unless they can be absolutely identified. Staff will follow the directions exactly as prescribed by the label on the outside medication, therefore medication must be in its original prescription container. If there are any concerns about the integrity of medication, or medication cannot be identified, it will not be self-administered. Again, the preferred method is that your prescribing provider call in/fax current prescribed medications to Cherokee Indian Hospital Authority.

MONEY AND VALUABLES:

You will not have a place to lock up your valuables during treatment. Although jewelry is allowed to be worn, bringing expensive jewelry is discouraged. We recommend you bring a small amount of money during your stay at Unity Healing Center for haircuts and any specific brand of personal hygiene items if needed. Money is not required. If bringing money, it will be secured by staff upon arrival. You will have opportunities to request funds available throughout treatment.

DO NOT BRING:

- Anything with (written or pictured) profanity, obscene, violent, slogans; advertises tobacco, drugs or alcoholic beverages, satanic or gang related.
- Tube or tank tops, halters, crops midriffs, and see through clothing.
- Excessive physically revealing or tight clothing and very low necklines.
- Bandanas or drug related jewelry.
- Personal hygiene items containing alcohol.
- Tobacco products, lighters, matches, vapes or other smoking paraphernalia.
- Weapons
- Cellular Phones
- Electronics
- Short Shorts/Skirts (no shorter <4 inches above mid-knee)