



**INDIAN HEALTH SERVICE**  
**Headquarters**  
**Office of Clinical and Preventive**  
**Services**



**CDR Tina Pattara-Lau, MD, FACOG**  
**Maternal and Child Health Consultant**

CDR Tina Pattara-Lau is the Maternal and Child Health Consultant with the Indian Health Service (IHS) Office of Clinical and Preventive Services (OCPS). In this role, she serves as subject matter expert for the IHS, develops national programs and policies, and collaborates with federal and community resources to optimize patient access to quality care. She began her IHS career in 2015 as an OB/GYN providing comprehensive care to the American Indian/Alaska Native community at Phoenix Indian Medical Center (PIMC), Parker and Peach Springs Indian Health Centers, and Valleywise Health Medical Center. During the COVID-19 pandemic she developed modified guidelines for OB/GYN care including delivery of telehealth prenatal care, vaccine education for patients, and multidisciplinary simulation training for Obstetric Readiness in the Emergency Department (ObRED).

CDR Pattara-Lau graduated from the University of California, Berkeley with degrees in Molecular and Cell Biology and Psychology. She commissioned into the US Public Health Service (USPHS) in 2007 and received her medical degree from the Uniformed Services University of the Health Sciences (USUHS) in 2011. She completed her OB/GYN residency at the Naval Medical Center, San Diego, is board certified, and a fellow of the American College of Obstetricians and Gynecologists.